



ALEXANDRIA JOY

MINIMALIST LEADER - CULTURE HEALER

## SPEAKER INTRODUCTION

Alexandria Joy or 'AJ' has spent over two decades helping leaders and managers heal their culture to find their sweet spot where they can do less and achieve more. As CEO of UQ Power, a biophilic and a culture healer, **she believes there is a simple science to unlocking the power of your culture.**

AJ argues that organisations are possibly the world's most under utilised resource for solving many human, economic and environmental challenges. And now **she's on a mission to accelerate the evolution of a more conscious world through the vehicle of culture.**

In 2018 downsized her name, her life and her business and now lives and travels throughout Australia in tiny house on wheels. She discovered when you focus your mindset, heal from the busyness disease, remove chaos and clutter you begin to **feel lighter, freer, more alive and more able to UP Yourself and your Culture.**

Please welcome AJ.



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DO LESS.  
ACHIEVE MORE.

